

# **GUJARAT UNIVERSITY**

**Ahmedabad**



**Choice Based Credit System (CBCS)  
Ordinances and Regulations  
(For the PG - M.P.E. Regular Programs)**

**(For the Candidates to be admitted from the academic  
year 2012-13 onwards)**

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**O.M.P.E.-1 Eligibility :**

I. **For Admission:** A candidate seeking admission to M.P.E. programme must satisfy the following conditions.

(A) He/She must be B.P.Ed., B.P.E. or B.Sc. (Health & Physical Education) from Gujarat University or any other University recognized as equivalent for the purpose.

(B) He/She must have taken at least 55% marks in B.P.Ed., B.P.E. or B.Sc. (Health & Physical Education) Candidate belonging to scheduled cast / scheduled tribe would be given concession of 5% marks in the minimum marks required for admission or eligibility criteria announce by NCTE.

(C) Admission shall be made on merit on the basis of marks obtained in the entrance test (written test, sports proficiency test, physical fitness test & marks obtained in the qualifying examination) or any other selection process as per the policy of university with due weightage for physical fitness test.

II. **For the M.P.E. Degree :** The candidates shall have subsequently undergone the prescribed course of study in the university department or a college affiliated to this University for a period of not less than two academic years, passed the examinations prescribed and fulfilled such conditions as have been prescribed therefor.

**O. M. P.E. 2. Duration :**

The P.G. M.P.E. Programme is for a period of two years. Each academic year shall comprise of two semesters viz. Odd and Even semesters. Odd semesters shall be from June / July to October / November and Even Semesters shall be from November / December to April / May. There shall be not less than 90 working days which shall comprise 450 teaching clock hours for each semester. (Exclusive of the days for the conduct of University or external end-semester examinations). A candidate can avail a maximum of 10 Semesters (5 Years), in a continuous stretch of 5 Years from the date of admission to complete Masters's Degree.

### O.M.P.E. 3. Structure of Programme

#### M.P.E. Semester-I

Paper No.	Subject	Lecture/ Practical	Assignment	Credit	Marks	
					Internal	External
MPE501	Philosophical Foundation of Physical Education	3	1	4	30	70
MPE502	Research Process in Physical Education	3	1	4	30	70
MPE503	Applied Statistics in Physical Edu.	3	1	4	30	70
MPE504EA	The Olympic Movement Education	3	1	4	30	70
MPE504EB	Personality Development and Life Skills					
MPE505PRA	Skills Proficiency-Games (Any one)	6	-	4	25	50
MPE506PRA	Officiating Games (Any one)	6	-	4	25	50
				24	170	380

#### M.P.E. Semester-II

Paper No.	Subject	Lecture/ Practical	Assignment	Credit	Marks	
					Internal	External
MPE507	Physical Education and Sports Psychology	3	1	4	30	70
MPE508	Sports Medicine	3	1	4	30	70
MPE509	Yoga Science	3	1	4	30	70
MPE510EA	Health Education & Nutritional Care	3	1	4	30	70
MPE510EB	Physical Fitness & Wellness					
MPE511PRA	Skills Proficiency-Athletics	6	-	4	25	50
MPE512PRA	Officiating-Athletics	6	-	4	25	50
				24	170	380

### M.P.E. Semester-III

Paper No.	Subject	Lecture/ Practical	Assignment	Credit	Marks	
					Internal	External
MPE601	Theory of Sports Training	3	1	4	30	70
MPE602	Professional Preparation & Curriculum Design	3	1	4	30	70
MPE603	Sports Management	3	1	4	30	70
MPE604EA	Health & Fitness Management	3	1	4	30	70
MPE604EB	Sports Sociology					
MPE605PRA	Coaching Lessons-Games	6	-	4	25	50
MPE606PRA	Athletics Performance	6	-	4	25	50
				24	170	380

### M.P.E. Semester-IV

Paper No.	Subject	Lecture/ Practical	Assignment	Credit	Marks	
					Internal	External
MPE607	Measurement & Evaluation in Physical Education	3	1	4	30	70
MPE608	Sports BioMechanics	3	1	4	30	70
MPE609	Information Technology in Physical Education	3	1	4	30	70
MPE610EA	Exercise Physiology	3	1	4	30	70
MPE610EB	Recreation & Leisure Time Management					
MPE611PRA	Coaching Lessons-Athletics	6	-	4	25	50
MPE612PRA	Yoga Practical				25	50
				24	170	380

#### **O. M.P.E. 4. The CBCS System :**

All Programmes shall be run on Choice Based Credit System (CBCS). It is an instructional package developed to suit the needs of students, to keep pace with the developments in higher education and the quality assurance expected of it in the light of liberalization and globalization in higher education.

#### **O. M.P.E. 5. Course in Programme :**

The M.P.E. Programme consists of a number of courses, The term 'Course' is applied to indicate a logical part of the subject matter of the programme and is invariably equivalent to the subject matter of a "paper" in the conventional sense. The following are the various categories of courses for the M.P.E. Programme.

**Core Course :** 501, 502, 503, 507, 508, 509, 601, 602, 603, 607, 608, 609

**Elective Course :** 504EA & 504EB, 510EA & 510EB, 604EA & 604EB, 610EA & 610EB

**Practical Course :** 505, 506, 511, 512, 605, 606, 611, 612

#### **O. M.P.E.6. Semesters :**

An academic year is divided into two semesters. In each semester, courses are offered in 15 teaching weeks and the remaining 5 weeks are to be utilized for conduct to examinations and evolution purposes. Each week has 36 working hours spread over 6 days a week.

#### **O. M.P.E. 7. Credits :**

The term 'Credit' refers to the weightage given to a course, usually in relation to the instructional hours assigned to it. The total minimum credits, required for completing a M.P.E. programme is 96 credits and for each semester- 24 credits.

#### **O. M.P.E. 8. Course :**

Each course is to be designed variously under lectures, lessons, practical, Instructional Work, seminar, Workshop, assignment, term paper, Book Review, Project Work, Viva etc., to meet effective teaching and learning needs of teacher.

#### **O. M.P.E. 9. Examinations:**

(i) There shall be examinations at the end of each semester, for first & third semester in the month of October/November; for second & forth semester in April/May. A candidate who does not pass the examination in any course(s) shall be permitted to appear in such failed course(s) in the subsequent examinations to be held in October/November or April/May.

(ii) A candidate should get enrolled / registered for the first semester examination. If enrollment / registration is not possible owing to shortage of attendance beyond condonation limit / regulations prescribed OR belated joining OR on medical grounds, the candidates are not permitted to move to the next semester. Such candidates shall re - do the semester in the subsequent turn of that semester as a regular student; However,

a student of First Semester shall be admitted in the Second Semester, if he / she has successfully kept the term in first semester. To move in the Third Semester, a student has to clear all Credits of first semester. Like wise, to move in the Fourth Semester, a student is required to obtain all the credits of second semester.

For the movement in the said semester as described above, the candidate must have satisfactorily kept the term of the previous semester.

**O. M.P.E. 10. Condonation :**

Students must have 75% of attendance in each course for appearing in the examination. Students who have 74% to 65% of attendance shall apply for condonation in the prescribed form with the prescribed fee (Rs.100/Course). Students who have 64% to 50% of attendance shall apply for condonation in prescribed form with the prescribed fee along with the Medical Certificate. Students who have below 50% of attendance are not eligible to appear for the examination. It is furthered clarified that the students, who have 75% or more of attendance shall be given five out of five marks in internal evaluation. Students (if condoned), who have 74% to 65% of attendance shall be given 3 to 4 marks in internal evaluation. Students (if condoned), who have 64% to 50% of attendance shall be given 1 to 2 marks in internal evaluation.(As per O.M.P.E. 9. )

**O. M.P.E. 11. Questions Paper and Practical Exam Pattern :**

Question Paper shall have five questions corresponding to five unit of each theory course. Style of question paper is shown in annexure - I for Theory Course. For all practical courses the examination pattern is given in annexure- II, courses wise.

**O. M.P.E. 12. Evaluation :**

The performance of a student in each course is evaluated in term of percentage of marks with a provision for conversion to grade points. Evaluation for each course shall be done by a continuous internal assessment (CIA) by the concerned course teacher as well as by an end semester examination and will be consolidated at the end of the course. The components for continuous internal assessment are:

**For Theory :**

One Test	15 marks
Seminar/Quiz	5 marks
Assignments	5 marks
Attendance	5 marks
<b>Total</b>	<b>30 marks</b>

**For Practical**

One Test	10 marks
Project	10 marks
Attendance	5 marks
<b>Total</b>	<b>25 marks</b>

Attendance shall be taken as a component for continuous assessment, although the students should put in minimum of 75% attendance in each course. In addition to continuous evaluation component, the end semester examination, which will be a writtentype examinations of at least 3 hours duration, would also form an integral component of the evaluation. The ratio of marks to be allotted to continuous internal assessment and to end semester, examination is 30 : 70 in theory & 25 : 50 in practical.

**O. M.P.E. 13. Passing Minimum :**

The passing minimum for CIA (Continuous Internal Assessment) shall be 36% out of 30 marks (i.e. 11 marks) in theory & 50% out of 50 marks (i.e. 25 marks) in Practical, where the candidate is required to appear for the internal test at least once. Failed candidates in the Internal Assessment are permitted to improve their Internal Assessment marks in the subsequent semester (2 chance will be given) by writing test and by submitting Assignments. The passing minimum for University or External Examinations shall be 36% out of 70 marks (i.e. 25 marks) in the theory & 50% out of 50 marks (i.e. 25 marks) in practical. 40% aggregate marks in theory and 50% aggregate marks in practical is required for passing the examination.

**O. M.P.E. 14. Grading :**

Once the marks of the CIA (Continues Internal Assessment) and end - semester examinations for each of the courses are available, they will be added. The marks thus obtained will then be graded as per details provided in R. M. P. E. 3. From the First semester onwards the total performance within a semester and continuous performance starting from the first semester are indicated respectively by Semester Grade Point Average (SGPA) and Cumulative Grade Point Average (CGPA). These two are calculated by the following formulae :

$$SGPA = \frac{\sum_{i=1}^n C_i G_i}{\sum_{i=1}^n C_i}$$

where 'Ci' is the Credit earned for the Course i in any semester ; 'Gi' is the Grade Point obtained by the student for the Course i and 'n' is the number of Courses passed in that semester. CGPA = SGPA of all the Courses starting from the first semester to the current semester.

**O. M.P.E. 15. Classification of Final Results :**

For purposes of declaring a candidate to have qualified for the Degree of Master of Physical Education in the First class / Second class / Pass class or First class with Distinction, the marks and the corresponding CGPA earned by the candidate in Core Courses will be the criterion.. It is further provided that the candidate should have scored the First / Second Class separately in both the grand total and end Semester (External) examinations.

**O. M.P.E. 16. Conferment of the M.P.E. Degree :**

(i) A candidate shall be eligible for the conferment of the Degree of M.P.E. only if he/she has earned the minimum required credits for the programme prescribed therefore (i.e. 96 Credits).

(ii) A candidate shall be required to pay Rs.500/- towards the conferment of the Degree of M. P. E., which shall be enhanced by a 10% increase every three years and rounded off to the next 10/- rupees stage.

**O. M.P.E.17. End Semester Examination:**

(i) The University shall conduct the external Examination for the Semester-I, II, III & IV. The internal Examination shall be conducted by the concerned colleges/ department.

**O. M.P.E. 18. Self -Financing Stream :**

The above Ordinance shall be applicable also for the candidates undergoing the programmes in self-financing stream.

**O. M.P.E. 19. Grievance Redressal Committee :**

The college/department shall form a Grievance Redressal Committee for each course in each college/department with the Course teacher / Principal / Director and the HOD of the faculty as the members. This Committee shall solve all grievance of the students.

**O.M.P.E. 20. Revision of ordinance, Regulations & Curriculum :**

The University may from time to time revise amend & change the ordinances, the Regulations & the curriculum, if forced necessary.

**Annexure - I****M.P.E. : Format of Question paper for 5 Units.**

From Unit-1	(A) Long Question or (A)	7 marks
	(B) Write in brief any two out of three (i) (ii) (iii)	4 marks
	(C) Answer in one or two lines only (i) (ii) (iii)	3 marks
Unit-II, III, IV & V Unit-I pattern to be followed.		



## Annexure - II

### M.P.E. : Format of Practical Exam.

#### Semester - I MPE505PRA

##### (Internal - 25 Marks)

Two Skills of examinee's (one from attack and one from defence)	10 Marks
Two Skills of examiner's (one from attack and one from defence)	10 Marks
Regular Game	05 Marks

##### (External - 50 Marks)

Two Skills of examinee's (one from attack and one from defence)	20 Marks
Two Skills of examiner's (one from attack and one from defence)	20 Marks
Regular Game	10 Marks

#### Semester - I MPE506PRA

##### (Internal - 25 Marks)

Officiating at different positions	15 Marks
Viva on officiating	10 Marks

##### (External - 50 Marks)

Officiating at different positions	30 Marks
Viva on officiating	20 Marks

#### Semester - II MPE511PRA

##### (Internal - 25 Marks)

One Skill from running	05 Marks
One Skill from Jumping	05 Marks
One Skill from Throwing	05 Marks
Viva on Skills	10 Marks

##### (External - 50 Marks)

One Skill from running	10 Marks
One Skill from Jumping	10 Marks
One Skill from Throwing	10 Marks
Viva on Skills	20 Marks

**MPE512PRA**  
**(Internal - 25 Marks)**

Officiating at different positions	15 Marks
Viva on officiating	10 Marks

**(External - 50 Marks)**

Officiating at different positions	30 Marks
Viva on officiating	20 Marks

**Semester - III**  
**MPE605PRA**  
**(Internal - 25 Marks)**

Internal lesson - 5 (each lesson consist 5 marks)

**(External - 50 Marks)**

External lesson - 1

**MPE606PRA**  
**(Internal - 25 Marks)**

Athletics Performance	
100 mts. run	5 marks
long jump	5 marks
High jump	5 marks
Shot put	5 marks
200 mts./800 mts. run	5 marks

**(External - 50 Marks)**

Athletics Performance	
100 mts. run	10 marks
long jump	10 marks
High jump	10 marks
Shot put	10 marks
200 mts./800 mts. run	10 marks

**Semester - IV**  
**MPE611PRA**

**(Internal - 25 Marks)**

Internal lesson - 5 (each lesson consist 5 marks)

**(External - 50 Marks)**

External lesson - 1

**MPE612PRA**

**(Internal - 25 Marks)**

Three Asana of examinee's

15 Marks

Two Asana of examiner's

10 Marks

**(External - 50 Marks)**

Three Asana of examinee's

30 Marks

Two Asana of examiner's

20 Marks

### R. M. P. E. 1 - Grading of the Courses

<b>Percentage / Marks (Normalized)</b>	<b>Grade Points</b>	<b>Grade</b>	<b>Grade Description</b>
Above 85	8.5 - 10.0	O+	Outstanding
70 - 84.99	7.0 - 8.49	O	Excellent
60 - 69.99	6.0 - 6.99	A	Very good
55 - 59.99	5.5 - 5.99	B+	Good
48 - 54.99	4.8 - 5.49	B	Fair
36 - 47.99	3.6 - 4.79	C	Average
Below 36	0.0	D ( Dropped)	Dropped or Fail

### R. M. P. E. 2 - Final Result

<b>CGPA From - to</b>	<b>Letter Grade</b>	<b>Classification of Final Result</b>
8.5 - 10	O+	First class with Distinction
7.0 - 84.99	O	
6.0 - 6.99	A	First Class
5.5 - 5.99	B+	Higher Second Class
4.8 - 5.49	B	Second Class
3.6 - 4.79	C	Pass Class
Below 3.6 - 0.0	D	Dropped or Fail

### **R. M. P. E. 3 - Course Structure :**

- I. The M.P.E. programme is full time two years Post Graduate Programme. The medium of instruction shall be Gujarati. The students are allowed to write the answers in respective languages as offered in the examinations.
- II. The programme consists of Four Semesters - Semester I and II in the First Year of the Programme and Semesters III and IV in the Second Year of the programme.
- III. The total programme consists of 96 credits equally divided into 24 credits per semester.
- IV. There would be different elective areas of specialization as per syllabus of respective subject.
- V. The programme consists of the following types of courses
  - (i) Core courses: common for all optional specialization groups.
  - (ii) Elective course: separate for all optional specialization groups.
  - (iii) Practical Courses

### **R. M. P. E. 4 - Clearing and carrying forward the Semesters :**

Rules for carrying forward the semesters are :

- I. A candidate must have at least 75% overall attendance in the program (As explained in O.M.P.E.10) and should have satisfactory performance in class participation of each course and must have appeared in internal written test to be eligible for grant of term.
- II. In case, a candidate obtains D in any one course / all courses in the first semester, he / she shall be allowed to continue to proceed to the second semester provided he / she has kept his / her term of the first semester successfully.
- III. The candidate shall be allowed to proceed to the third semester only after clearing all the courses of the first semester.
- IV. In case, a candidate obtains D in any one course / all courses in the second semester, he / she shall be allowed to continue to proceed to the third semester provided he / she has kept his / her term of the second semester successfully.
- V. The candidate shall be allowed to proceed to the fourth semester only after clearing all the courses of the second semester.
- VI. In case a candidate obtains D in any one course / all courses in the third semester, he / she shall be allowed to continue to proceed to the fourth semester provided he / she has kept his / her term of the third semester successfully.
- VII. The candidate shall be eligible for the award of the degree after successful clearance of all the courses of semester I, II, III & IV by the fourth semester examination of the second year programme or till expiry of registration / enrolment.
- VIII. When ever a candidate fails in a course due to failure of obtaining minimum marks in the internal component of the examination, the marks obtained in attendance and class participation shall be carried forward for the consideration of the repeat examination. The student has to appear in the internal test only to complete the requirement of the internal assessment.

## R. M. P. E. 5 - Assessment and Evaluations :

- I. Each course will be assessed on the basis of 100 marks. The marks would be divided between internal and external assessment.
- II. There shall be one end semester external examination of each course in every semester consisting of 70% (70 marks) weightage in theory and 100% (100 marks) in practical courses.
- III. Each Theory course shall have internal assessment of 30% weightage based on the following
  - Internal written test - 15% (15 marks)
  - Attendance - 05% (5 marks)
  - Class participation in assignments- 05% (5 marks)
  - Presentations (Seminars) /quizzes etc. - 05% (5 marks)

**Each Practical Course shall have internal assessment of 50% weightage based on the following**

- One Test 10 marks
- Project 10 marks
- Attendance 5 marks

**Total 25 marks**

- IV. Every student will be required to pass the external examination and internal assessment separately in each course.
- V. The minimum passing standard will be 36% for the external and internal component of each theory course, i.e. 25 marks out of 70 (external - 36% of 70 marks) and 11 marks out of 30 (internal - 36% of 30 marks).  
In practical minimum passing standard will be 50% for the external exam and internal assessment for each practical course. That is 25 marks out of 50 (External 50% of 50) And 12.5 marks out of 25 (internal - 50% of 25)
- VI. (A) The grades for each course would be decided on the basis of the percentage marks obtained in the end-semester external and internal examinations as per following table:

Percentage / Marks (Normalized)	Grade Points	Grade	Description
Above 85	8.5 - 10.0	O+	Outstanding
70 - 84..99	7.0 - 8.49	O	Excellent
60 - 69.99	6.0 - 6.99	A	Very good
55 - 59.99	5.5 - 5.99	B+	Good
48 - 54.99	4.8 - 5.49	B	Fair
36 - 47.99	3.6 - 4.79	C	Average
Below 36	0.0	D (Dropped)	Dropped

**VI.(B) Final Result :**

<b>CGPA From-to</b>	<b>Letter Grade</b>	<b>Classification of Final Result</b>
8.5 - 10	O+	First class with Distinction
7.0 - 84.99	O	
6.0 - 6.99	A	First Class
5.5 - 5.99	B+	Higher Second Class
4.8 - 5.49	B	Second Class
3.6 - 4.79	C	Pass Class
00 - 00	D	Dropped

**VII.** The semester grade point average (SGPA) will be calculated as an weighted average of all the grade point of the semester courses. That is Semester grade point average (SGPA) = (sum of grade points of all six courses of the semester) / total credit of the semester as per example given below :

**Semester - I**

<b>Course No.</b>	<b>Credit</b>	<b>Marks out of 100(%)</b>	<b>Grade</b>	<b>Grade Point</b>	<b>Credit Grade point</b>
Core Course - 1	4	65	A	6.5	26
Core Course - 2	4	60	A	6.0	24
Core Course -3	4	62	A	6.2	24.8
Core Course - 4	4	57	B+	5.7	22.8
Core Course - 5	4	55	B+	5.5	22
Core Course - 6	4	72	O	7.2	28.2
<b>Total</b>	<b>24</b>				<b>147.8</b>

**Examples : Conversion of marks into grade points**

$$65 = 60 + 5 = 6.0 + 5 \times (0.99 / 9.99) = 6.0 + 5 \times 0.1 = 6.0 + 0.5 = 6.5$$

$$57 = 55 + 2 = 5.5 + 2 \times (0.49 / 4.99) = 5.5 + 2 \times 0.1 = 5.5 + 0.2 = 5.7$$

$$72 = 70 + 2 = 7.0 + 2 \times (1.49 / 14.99) = 7.0 + 2 \times 0.1 = 7.0 + 0.2 = 7.2$$

**VIII. SEMESTER GRADE POINT AVERAGE (SGPA) = Total Credit Grade**

Points =  $147.8 / 24 = 6.16$

SGPA Sem. I = 6.16

SGPA Sem. II = 5.63

SGPA Sem. III = 6.01

SGPA Sem. IV = 5.50

Total SGPA = 23.30

Cumulative Grade Point Average (CGPA) =  $23.30 / 4 = 5.82$

CGPA = 5.82 Grade = B+ Class = Higher Second Class

GPA X 10 = Percentage e.g.  $5.82 \times 10 = 58.2 \%$

- Note:** (1) SGPA is calculated only if the candidate passes in all the courses i.e. get minimum C grade in all the courses.  
(2) CGPA is calculated only when the candidate passes in all the courses of all the semesters

**XI** The cumulative grade point average will be calculated as the average of the SGPA of all the four semesters, as shown above.

**X.** For the award of the class, CGPA shall be calculated on the basis of :

(a) Marks of End Semester External Examination

And

(b) Total Marks obtained (Marks of End Semester External Examination + Marks of Internal Assessment) for each course. The final Class for M.P.E. Degree shall be awarded on the basis of lowest CGPA (marks) of ( a ) & ( b ) of one to fourth semester examinations.

**R. M.P.E. 6 - Revision of Syllabi :**

- I. Syllabi of every course should be preferably revised every two years.
- II. Revised Syllabi of each semester should be implemented in sequential way.
- III. In courses, where units / topics relate to governmental provisions, regulations or laws, changes to accommodate the latest developments, are to be made automatically under the information to the Academic and Executive Councils of Gujarat University.
- IV. All formalities for revisions in the syllabi should be completed before the end of the 2nd / 4th semester for implementation in the next academic year.
- V. During every revision, up to twenty percent of the syllabi of each course should be changed so as to ensure the appearance in the examinations of revised syllabi for those students, who have studied the old (unrevised) syllabi without any difficulties.
- VI. In case, the syllabus of any course is carried forward without any revision, it shall also be included in the revised syllabi.